MINISTRY OF EDUCATION
TE TĀHUHU O TE MĀTAURANGA

Provide options for physical action

A suggestion for implementing the strategy 'Provide multiple means of Action and Expression' from the Guide: Universal Design for Learning

Includes:

Overview

Offer accessibility tools to all

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Inclusive Education
From
Guide: Universal Design for Learning

Strategy: Provide multiple means of Action and Expression

Suggestion: Provide options for physical action

Date
29 May 2025
Link
inclusive.tki.org.nz/guides/universal-design-for-learning/provide-options-for-physical-action

Overview

Explore the 'options for physical action' guideline.

Recognise which approaches and strategies are already part of your practice.

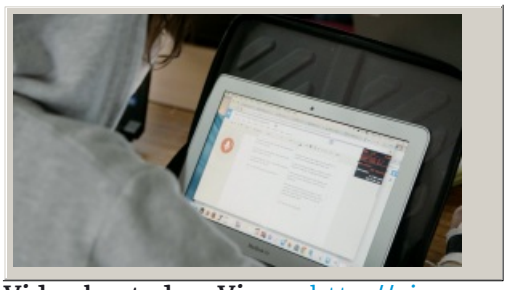
Take note of anything you hadn't considered before.

Video hosted on Youtube http://youtu.be/XKob82_Mfpw
Closed Captions

Source:
UDLA LACOE
https://www.youtube.com/channel/UCZMomkDLIkL-sWPoKTt-otQ/featured

Offer accessibility tools to all

High school teacher Ben Britton describes the impact of using digital resources and introducing all students to accessibility tools.



Video hosted on Vimeo http://vimeo.com/160672115

Closed Captions

Source:
Enabling e-Learning (NZ)
http://elearning.tki.org.nz/Teaching/Inclusive-classrooms/BYOD-supporting-inclusion

Consider mobility needs

Source:
Ministry of Education | Te Tāhuhu o te Mātauranga

View full image (1.7 MB)

The impact of removing barriers

Teva, a Year 5 student, describes how removing the barriers of writing with a pencil has allowed him to demonstrate his learning.

Video hosted on Vimeo http://vimeo.com/64540998
Closed Captions

Source:
Enabling e-Learning (NZ)
http://elearning.tki.org.nz/Teaching/Curriculum-areas/English/Netbooks-an-onramp-to-success-in-literacy

Reflection questions

How can I model the use of assistive technologies and accessibility tools in my teaching?

How will I reduce barriers to learning created by the sensory skills needed for a task (mouse control, steady hand, ability to distinguish similar colours or sounds, see small font)?

How can I build my knowledge of creating digital content that is accessible and user friendly?

How can I organise the physical environment to ensure all learners have access to what they need?

Useful resources

Design options for interaction (UDL Guideline)

This UDL guideline supports the design and selection of accessible materials and environments that enable every learner to navigate, participate, and express their understanding.

This guideline supports the UDL Action and Expression principle.

Publisher: CAST (2024)

Visit website

Creating accessible documents

Succinct guide on how to create accessible content with tools such as Microsoft Office and Google Docs.

Publisher: CAST (2024)

Visit website

Ninja way to speed up accurate captions on YouTube

Succinct video on how to add accurate captions to your YouTube videos by UDL specialist, Dr Eric Moore.

Publisher: Dr Eric Moore

Visit website

Universal Design for Learning iPad strategies: Text-to-speech

A video introducing text-to-speech to access digital text.

Publisher: Kit Hard

Visit website

Do's and don'ts on designing for accessibility

Read time: 34 min

A set of six posters with general guidelines for designing accessible web content. These posters are also useful considerations for general classroom planning and content design.

Publisher: United Kingdom Government

Visit website

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