

# Characteristics of learner agency

The UDL Guidelines support the development of learner agency by guiding the design of environments where learners can become more:

- ✓ **purposeful** – learners have confidence in their own ability and make decisions to support their learning
- ✓ **reflective** – learners assess what supports learning and what gets in the way and make adjustments
- ✓ **resourceful** – learners draw on strengths, skills, cultural knowledge and experience, and available tools to support learning
- ✓ **authentic** – learners connect new ideas to their lived experience and develop deeper understanding of the world
- ✓ **strategic** – learners set clear goals, monitor progress, and adapt plans as needed
- ✓ **action-oriented** – learners initiate and collaborate in efforts to meet their goals.

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