

# Identify potential barriers to learning and wellbeing

A suggestion for implementing the strategy

'How to plan using UDL' from the Guide:

[Universal Design for Learning](#)

- 
- Includes:**
- Identify barriers to learning and wellbeing
  - Consider potential barriers
  - Social and emotional barriers
  - Examples of barriers
  - Reflection questions
  - Useful resources

Inclusive Education

From

Guide: [Universal Design for Learning](#)

Strategy: [How to plan using UDL](#)

Suggestion: [Identify potential barriers to learning and wellbeing](#)

Date

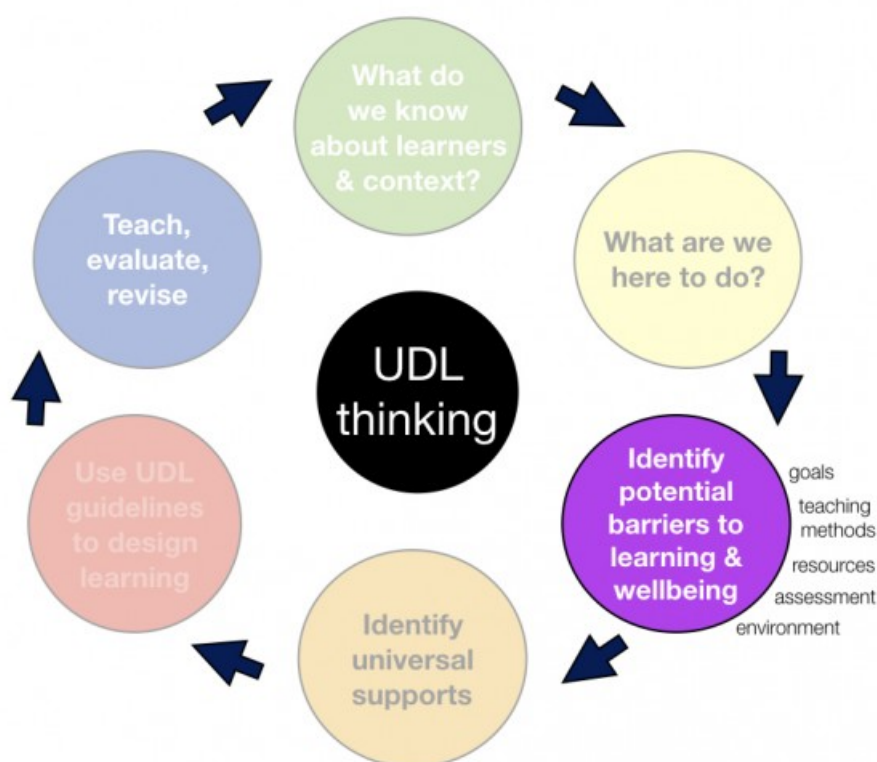
04 October 2021

Link

[inclusive.tki.org.nz/guides/universal-design-for-learning/identify-potential-barriers-to-learning-and-wellbeing](http://inclusive.tki.org.nz/guides/universal-design-for-learning/identify-potential-barriers-to-learning-and-wellbeing)

---

## Identify barriers to learning and wellbeing



Chrissie Butler CORE Education Adapted from Planning for All Learners cycle CAST 2012

Source:

Chrissie Butler CORE Education

<http://www.core-ed.org/>

[View full image \(245 KB\)](#)

Inclusive Education

From

Guide: [Universal Design for Learning](#)

Strategy: [How to plan using UDL](#)

Suggestion: [Identify potential barriers to learning and wellbeing](#)

Date

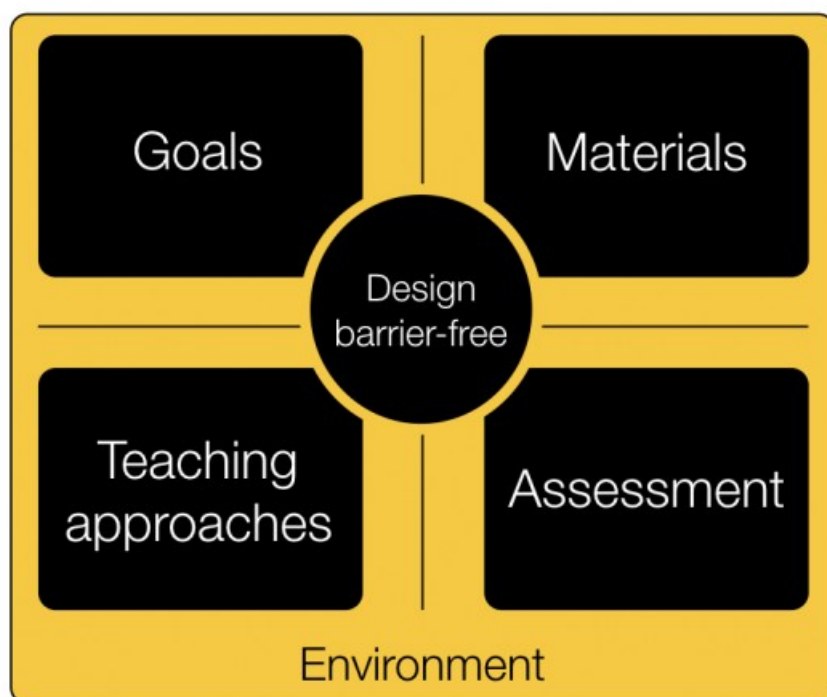
04 October 2021

Link

[inclusive.tki.org.nz/guides/universal-design-for-learning/identify-potential-barriers-to-learning-and-wellbeing](http://inclusive.tki.org.nz/guides/universal-design-for-learning/identify-potential-barriers-to-learning-and-wellbeing)

---

## Consider potential barriers



Chrissie Butler CORE Education Adapted from UDL Framework CAST 2016

Source:

Chrissie Butler CORE Education

<http://www.core-ed.org/>

[View full image \(177 KB\)](#)

[Inclusive Education](#)

From

Guide: [Universal Design for Learning](#)

Strategy: [How to plan using UDL](#)

Suggestion: [Identify potential barriers to learning and wellbeing](#)

Date

04 October 2021

Link

[inclusive.tki.org.nz/guides/universal-design-for-learning/identify-potential-barriers-to-learning-and-wellbeing](https://inclusive.tki.org.nz/guides/universal-design-for-learning/identify-potential-barriers-to-learning-and-wellbeing)

---

## **Social and emotional barriers**

We also need to consider potential social and emotional barriers to learning.

Ask yourself the following questions:

- Do I know how to pronounce every students name correctly?
- Am I aware of student's preferences and sensitivities?
- I am aware of what could diminish or threaten student's self esteem?
- Do I know how to authentically connect learning to students?

## Inclusive Education

From

Guide: [Universal Design for Learning](#)

Strategy: [How to plan using UDL](#)

Suggestion: [Identify potential barriers to learning and wellbeing](#)

Date

04 October 2021

Link

[inclusive.tki.org.nz/guides/universal-design-for-learning/identify-potential-barriers-to-learning-and-wellbeing](https://inclusive.tki.org.nz/guides/universal-design-for-learning/identify-potential-barriers-to-learning-and-wellbeing)

---

## Examples of barriers

<b>Knowledge of learner</b>	<b>Design choice</b>	<b>Potential barrier</b>
Low vision	Paperback book	Text cannot be enlarged
Decodes text slowly	15 minute time frame for multiple choice test	Insufficient time to complete test
Prefers not to speak in front of the class	Class debate	Does not attend class
Uses a wheelchair	Class presentation on the school stage	Steep flight of steps onto the stage
Takes time to compose thoughts	Fast, whole class online quiz	Unable to make decisions quickly enough to participate

[Inclusive Education](#)

From

Guide: [Universal Design for Learning](#)

Strategy: [How to plan using UDL](#)

Suggestion: [Identify potential barriers to learning and wellbeing](#)

Date

04 October 2021

Link

[inclusive.tki.org.nz/guides/universal-design-for-learning/identify-potential-barriers-to-learning-and-wellbeing](https://inclusive.tki.org.nz/guides/universal-design-for-learning/identify-potential-barriers-to-learning-and-wellbeing)

---

## Reflection questions

Take a moment to reflect on this idea of hidden barriers.

In what ways do you intentionally identify potential barriers within learning experiences?

How can you proactively plan to minimise barriers?

Discuss ways to engage learners and whānau in conversations, identifying barriers to learning, participation and wellbeing.

[Inclusive Education](#)

From

Guide: [Universal Design for Learning](#)

Strategy: [How to plan using UDL](#)

Suggestion: [Identify potential barriers to learning and wellbeing](#)

Date

04 October 2021

Link

[inclusive.tki.org.nz/guides/universal-design-for-learning/identify-potential-barriers-to-learning-and-wellbeing](https://inclusive.tki.org.nz/guides/universal-design-for-learning/identify-potential-barriers-to-learning-and-wellbeing)

---

## Useful resources



How to break down barriers to learning with UDL

Publisher: Understood

[Visit website](#)



Do's and don'ts on designing for accessibility

Read time: 34 min

Publisher: United Kingdom Government

[Visit website](#)

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.