

Anticipate and plan for challenges



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Use reflection prompts or templates to anticipate challenges and plan strategically.



Plan check-ins to share and reflect on work (e.g., portfolio reviews, critiques).



Provide a range of checklists and planning templates for goal-setting, prioritisation and task sequencing.



Encourage peer-mentors to model think-alouds of the goal setting process.



Offer guides and planning templates to break long-term goals into short-term steps.

Adapted with permission: UDL Guidelines 3.0, CAST (2024)

Source:

UDL Guidelines 3.0, CAST (2024)

<https://udlguidelines.cast.org/action-expression/strategy-development/challenges/>

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