

# Manage pressure points

I hate going into the cloakroom in the morning as there is lots of pushing and shoving.

Mr Jack noticed that I was always grumpy first thing in the morning so he talked to me and my mum and we decided that I would come into the class first and then go and hang up my bag after the bell.

Now I come into class happy and complete my handwriting without hurting others beside me.

**Student, New Zealand**

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