

# Sensory supports | Ngā taituarā tairongo

Consider aspects such as:

- lighting
- noise levels around the school
- crowded hallways and bag bay areas
- quiet spaces or 'chill zones' that can be accessed at any stage in the day
- extreme heat or cold
- stimulation needs, such as movement breaks during the day
- managing stress levels when moving from class to class and the impact of fluid peer groups during the day
- co-constructed work plans
- flexibility within each class environment
- the amount of time it may take to transition between classes
- stress if there is late arrival.

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