

# Useful resources | He rauemi



## Health and safety plans

Sometimes a young person may need a specific support plan to maintain wellbeing and safety.

Publisher: Ministry of Education NZ

[Download](#) DOCX (22 KB)



## Health care plans

This is a printable example of a health care plan that can be tailored to ākongā needs.

Publisher: Ministry of Education NZ

[Download](#) DOCX (32 KB)



## Aramai He Tētēkura – A guide to prevent distress and minimise the use of physical restraint

These guidelines can be tailored, in partnership with whānau, to meet the needs of ākongā.

[Download](#) PDF

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.

---

