Inclusive Education

MINISTRY OF EDUCATION
TE TĀHUHU O TE MĀTAURANGA

Understand social and emotional learning (SEL)

A suggestion for implementing the strategy 'Support and strengthen peer relationships' from the Guide: Positive peer relationships

Includes:

SEL Framework

Create a positive environment

Integrate SEL into the classroom

Support social and emotional development

SEL and key competencies

Useful resources

SEL Framework

Source:
CASEL
https://casel.org/fundamentals-of-sel/what-is-the-casel-framework/

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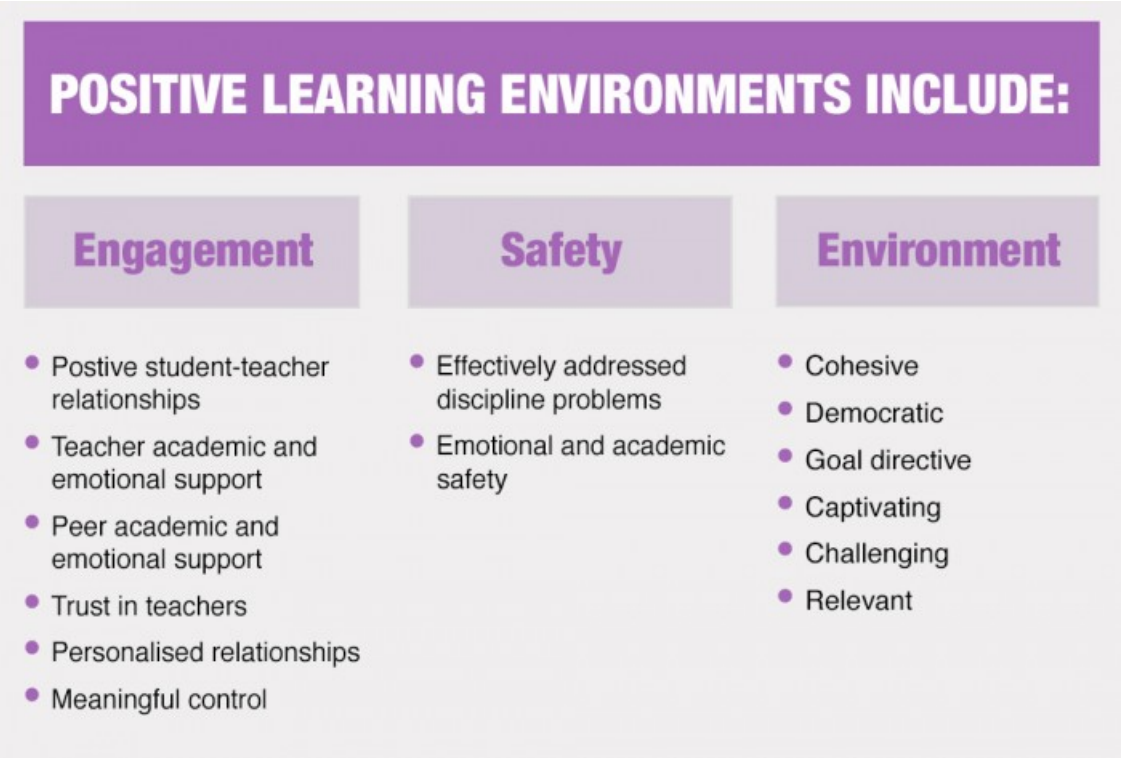
Create a positive environment



Source:
Teaching the Whole Child
https://gtlcenter.org/products-resources/teaching-whole-child-instructional-practices-support-social-emotional-learning

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Integrate SEL into the classroom

SEL is most effective when it is part of daily classroom life.

Video hosted on Youtube http://youtu.be/XmVhO3nL2EM

Closed Captions

Source:
Edutopia (US)
https://www.youtube.com/channel/UCdksaQxXH13BMeHo09MorBg

Support social and emotional development

Provide targeted learning and a range of supports to support social and emotional development of students.

Begin with co-regulation, helping students recognise emotions and manage stressful situations. Reduce support as ākonga develop skills.

- ✔ Use modelling and coaching to help students recognise how they feel or how someone else might be feeling.
- ✔ Use whole class visual and verbal prompts to support awareness.
- ✔ Teach and practise conflict-resolution and cooperative skills.
- ✔ Develop problem solving skills by analysing events.
- ✔ Take a tuakana-teina approach, to build self-confidence, a sense of belonging, and enhance academic skills.
- ✔ Teach reflective listening.

SEL and key competencies

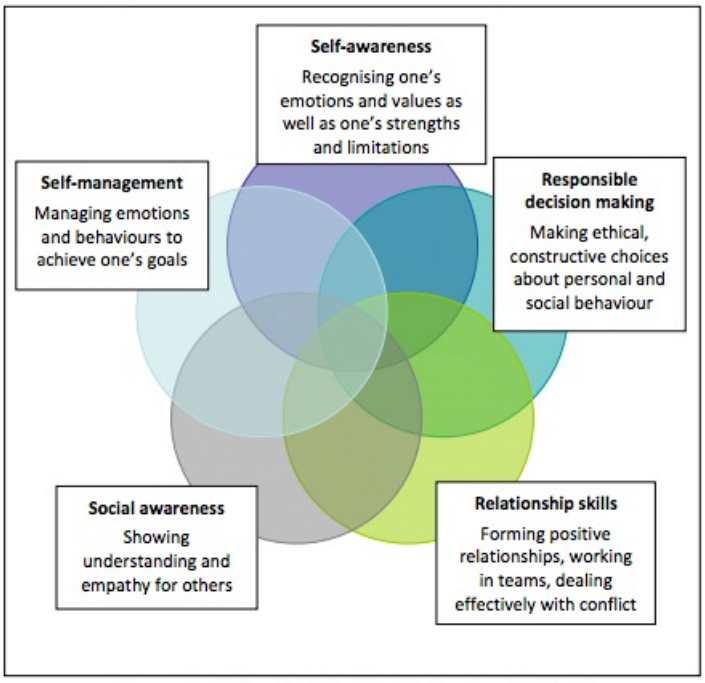

*Diagram adapted from: http://casel.org/why-it-matters/what-is-sel/

Source:
Wellbeing@School
https://www.wellbeingatschool.org.nz/sites/default/files/documents/W@S-Building-social-competency-research-brief.pdf

View full image (128 KB)

Useful resources

What is SEL?

The Collaborative for Academic, Social, and Emotional Learning (CASEL) is the world's leading organisation advancing the practice of promoting integrated academic, social, and emotional learning (SEL) for all children from preschool to high school. Their website provides information about SEL competencies, whole school approaches for introducing and teaching SEL, and resources.

Publisher: Collaborative for Academic, Social, and Emotional

Visit website

Big ideas | Social and emotional learning

A series of videos and student activities to support social and emotional learning for primary school students. Growth mindset, perseverance, empathy, and gratitude are the topics covered. These are part of ClassDojo. They can be accessed without having a ClassDojo account.

Publisher: Class Twist

Visit website

Teaching the whole child: Instructional practices that support social-emotional learning in three teacher evaluation frameworks

Read time: 76 min

This research-to-practice publication, developed by the American Institute for Research, supports educators to identify teaching practices that promote student social-emotional learning. It showcases how three professional teaching frameworks embed practices that influence student academic learning and student social and emotional competencies.

Publisher: American Institutes for Research

Visit website

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