

# Provide information on support agencies

Introduce students and whānau to people and agencies that can provide support.

- ✓ [RainbowYOUTH](#) – provide support for friends and family of queer and gender-diverse youth.
- ✓ [InsideOUT](#) – an organisation that provides support for young people of minority sexualities and genders.
- ✓ [OUTLindeNZ](#) – a helpline staffed by self-accepting LGBTQIA+ people who have trained to help others over the phone with issues related to sexual identity.
- ✓ [Family Planning](#) – an organisation that provides sexual and reproductive health care to people of any gender or sexual orientation.
- ✓ [Village Collective](#) – an organisation that supports and equips Pacific youth, families, and communities with resources and information related to sexual health and wellbeing.
- ✓ [The I'm Local Project \(RainbowYOUTH\)](#) – a regional directory of queer and gender-diverse support groups throughout Aotearoa.
- ✓ [ITANZ](#) – a New Zealand registered charitable trust that provides information, education and training for organisations and professionals who provide services to intersex people and their families.

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