

Consider the needs of students and whānau

One Mother's Experience
When we least expected we found support, most of all as a family we have grown through this and have developed a stronger family and we continue to navigate the road together and we are all richer for the experience. I is our wonderful son, so we could not compromise or change any part of who he is. We are very proud.

When he began transitioning he felt much better about himself and has gained in confidence and pride as he has settled into a more fluid gender. He is so much more comfortable and the whole family has become involved not only in his transition but meeting a range of his very diverse friends which has made our lives so much richer than before.

A parent talks about their daughter/son undergoing physical/ hormonal changes to match the gender they identify with.

Note to my kid from a Dad
You will always be my son no matter what. I was surprised to hear you say you are gay and I have had to have some time to think about this but realize it changes nothing in how I feel about you as my son. I would like to meet your friends and learn about any problems you may have when people have a negative attitude towards you. You are a beautiful person so never forget that.
Love from Dad

Resources
Support Group
Holding Our Own is a support group for parents of LGBTQ people.
Please go to: www.holdingourown.co.nz
Documentary
Lead with Love is a documentary directed by Jenny McKenzie that follows four families who have recently learnt their child is gay. It is available online at: www.leadwithlovefilm.com/film

Need someone to talk to?
0800 OUTLINE
0800 688 5463

For families of young people who are queer, lesbian, gay, transgender, bisexual or questioning.

Source:

Outline

<http://www.outline.org.nz/wp-content/uploads/2016/10/Families-of-LGBTQ.pdf>

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