

# Plan sexuality and gender education years 1-8

A suggestion for implementing the strategy

'Develop an inclusive classroom and curriculum' from the Guide: [LGBTQIA+ students](#)

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## **Includes:**

- Capture student voice
- Create spaces of belonging
- Tips for developing programmes
- Useful resources

Inclusive Education

From

Guide: [Supporting LGBTQIA+ students](#)

Strategy: [Develop an inclusive classroom and curriculum](#)

Suggestion: [Plan sexuality and gender education years 1-8](#)

Date

27 June 2026

Link

[inclusive.tki.org.nz/guides/supporting-lgbtqia-students/plan-sexuality-and-gender-education-years-1-8](http://inclusive.tki.org.nz/guides/supporting-lgbtqia-students/plan-sexuality-and-gender-education-years-1-8)

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## Capture student voice

Students from intermediate schools speak about their experiences.



Video hosted on Youtube <http://youtu.be/9taCFPX-HiM>

Closed Captions

Source:

[InsideOUT: resources for schools](#)

<https://www.insideout.org.nz/resources/>

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## Create spaces of belonging

Rainbow tamariki and whānau at primary and intermediate schools in Aotearoa talk about their idea of a dream school



Video hosted on Youtube <http://youtu.be/q77dwSYVkgU>

Closed Captions

Source:

[InsideOUT](#)

<https://www.youtube.com/channel/UCPPtBaAC9xM8jJd4V6IfmNg>

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# Tips for developing programmes

Successful programmes are:

- ✓ well planned, informed by theory and evidence, and up-to-date
- ✓ integrated into the curriculum, with clear achievement objectives identified
- ✓ aimed at influencing specific risk factors/protective factors/core competencies
- ✓ focused on developing personal and social skills
- ✓ developmentally, personally, and culturally appropriate
- ✓ designed to include critical thinking and reflection
- ✓ not focused solely on dangers, risks, and prevention but explore the meanings associated with sex and sexuality for individuals and society
- ✓ assessed according to learning (not behaviour)
- ✓ connected with the social worlds of children and young people
- ✓ informed by the needs and perspectives of students
- ✓ linked with families and communities
- ✓ considerate of environmental influences and contemporary issues and practices
- ✓ designed using active and interactive teaching methods, including inquiry-based learning
- ✓ planned and delivered by teachers who have the requisite knowledge and the appropriate skills, values, and qualities
- ✓ resourced appropriately, including in relation to teachers' professional development needs
- ✓ supported by documented guidelines and school-wide practices.

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## Useful resources



### Inside Out for Year 7–8 students

This episode is one of a set of video-based teaching resources that aim to decrease homophobic and transphobic bullying in New Zealand. It includes a brief summary of episodes 1–5, with an emphasis on gender diversity and a reduced focus on sexual diversity.

Publisher: RainbowYOUTH

[Visit website](#)

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