

# Tips for developing programmes

Successful programmes are:

- ✓ well planned, informed by theory and evidence, and up-to-date
- ✓ integrated into the curriculum, with clear achievement objectives identified
- ✓ aimed at influencing specific risk factors/protective factors/core competencies
- ✓ focused on developing personal and social skills
- ✓ developmentally, personally, and culturally appropriate
- ✓ designed to include critical thinking and reflection
- ✓ not focused solely on dangers, risks, and prevention but explore the meanings associated with sex and sexuality for individuals and society
- ✓ assessed according to learning (not behaviour)
- ✓ connected with the social worlds of children and young people
- ✓ informed by the needs and perspectives of students
- ✓ linked with families and communities
- ✓ considerate of environmental influences and contemporary issues and practices
- ✓ designed using active and interactive teaching methods, including inquiry-based learning
- ✓ planned and delivered by teachers who have the requisite knowledge and the appropriate skills, values, and qualities
- ✓ resourced appropriately, including in relation to teachers' professional development needs
- ✓ supported by documented guidelines and school-wide practices.

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