

# Focus areas in years 1–6

Develop classroom programmes that respect the diverse values and beliefs of students and of the community.

Students will learn about:

## Years 1–3

- growth and development
- the human body
- friendships and family relationships
- changes in growth and identifying body parts
- questioning and discussing gender stereotypes and norms
- sharing and expressing feelings

## Years 4–6

- pubertal change
- growth and development
- supporting themselves and others through change
- developing a positive body image
- how social messages and stereotypes about relationships, sexuality, and gender affect wellbeing
- planning strategies for positive relationships
- identifying risks and issues in online and social media environments
- messages related to gender, sexuality, and diversity
- accessing health care.

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