

Tertiary life and study skills

A suggestion for implementing the strategy
'Prepare students with future-focused skills'
from the Guide: [Leaving school](#)

Includes:

- Tertiary skills checklist
- Maximise technologies
- Support personal organisation skills
- Discuss the future
- Useful resources

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From

Guide: [Preparing students to leave school](#)

Strategy: [Prepare students with future-focused skills](#)

Suggestion: [Tertiary life and study skills](#)

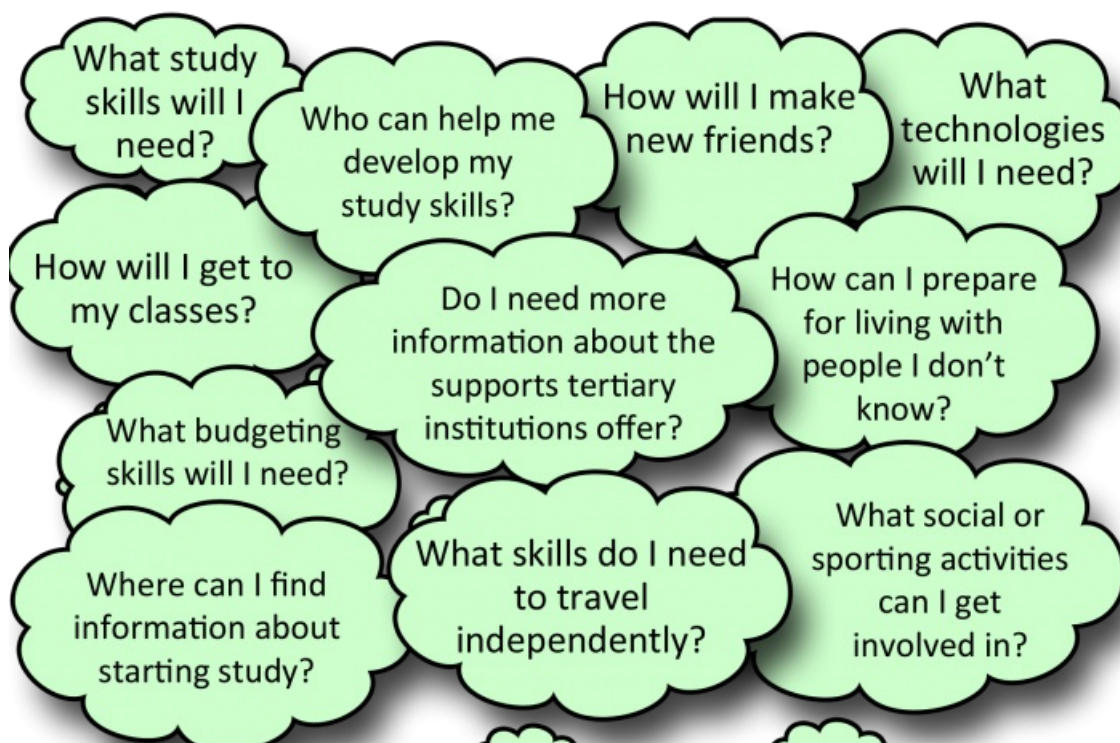
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inclusive.tki.org.nz/guides/preparing-students-to-leave-school/tertiary-life-and-study-skills

Tertiary skills checklist



Source:

Adapted from [Preparing for adulthood: My friends, relationships, and community](#). Bath and East Somerset Council UK

http://www.bathnes.gov.uk/sites/default/files/pathway_4_2.pdf

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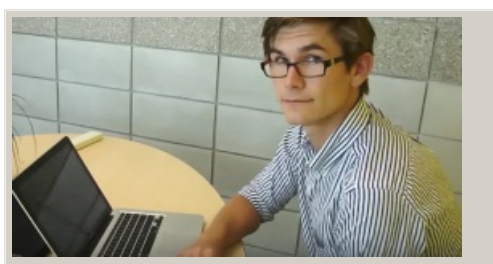
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Maximise technologies

Ben talks about the technologies that support his learning at university.



Video hosted on Youtube <http://youtu.be/rDvJJX7sZyA>

Closed Captions

Source:

[BLENNZ \(NZ\)](#)

[https://www.youtube.com/watch?](https://www.youtube.com/watch?v=rDvJJX7sZyA)

[v=rDvJJX7sZyA&list=UUc1J9Io4SoHsP_XjMqFW8oA&index=13](https://www.youtube.com/watch?v=rDvJJX7sZyA&list=UUc1J9Io4SoHsP_XjMqFW8oA&index=13)

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Support personal organisation skills

Personal organisation and time management are core skills at tertiary level. Introduce students to technologies and systems that students can begin using while still at school.

- ✓ Encourage students to use their mobile devices to schedule alerts and reminders for regular and novel events and task deadlines.
- ✓ Model how to make graphic organisers and flow charts to support planning and thinking.
- ✓ Explore tools such as [Trello](#) to help students structure tasks and break them into smaller manageable ones.
- ✓ Model how to sync calendars between mobile devices.

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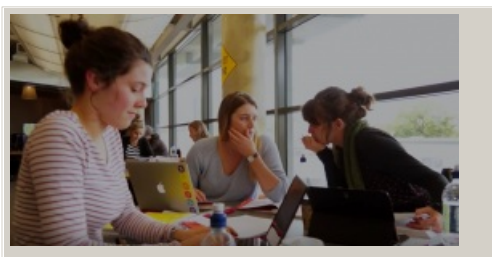
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Discuss the future

Students talk about their experiences of studying and adjusting to student life.

Use the video as a prompt for discussion.



Video hosted on Youtube <http://youtu.be/6vPzowLNZ-c>

Closed Captions

Source:

[Careers NZ \(NZ\)](#)

<https://youtu.be/6vPzowLNZ-c>

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Useful resources

An information pamphlet for tertiary students.



Disability information & support: Resources and support

This pamphlet from the University of Otago Disability and Support Service, which provides learning support, advice, advocacy, and information to students with permanent, recurring, or temporary impairments, is an example of learning support services provided by a university.

Publisher: Otago University

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