

[Inclusive Education](#)

From

Guide: [Preparing students to leave school](#)

Strategy: [Prepare ākongā with future-focused skills](#)

Suggestion: [Support wellbeing and hauora](#)

Date

15 June 2026

Link

inclusive.tki.org.nz/guides/preparing-students-to-leave-school/support-wellbeing-and-hauora

Use the Mana model

A holistic approach to leaving school includes maintaining lifelong health and wellbeing.

Melinda Webber explains the Mana model, which features in Mental Health Education: A Guide for Teachers, Leaders, and School Boards.



Video hosted on Vimeo <http://vimeo.com/748597903>

Closed Captions

Source:

[Health and Physical Education – Ministry of Education](https://hpe.tki.org.nz/guidelines-and-policies/mental-health-education/)
<https://hpe.tki.org.nz/guidelines-and-policies/mental-health-education/>

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