

Inclusive Education

From

Guide: [Preparing students to leave school](#)

Strategy: [Prepare ākonga with future-focused skills](#)

Suggestion: [Support wellbeing and hauora](#)

Date

05 August 2025

Link

inclusive.tki.org.nz/guides/preparing-students-to-leave-school/support-wellbeing-and-hauora

Use the Mana model

A holistic approach to leaving school includes maintaining lifelong health and wellbeing.

Melinda Webber explains the Mana model, which features in Mental Health Education: A Guide for Teachers, Leaders, and School Boards.



Video hosted on Vimeo <http://vimeo.com/748597903>

Closed Captions

Source:

[Health and Physical Education – Ministry of Education](https://hpe.tki.org.nz/guidelines-and-policies/mental-health-education/)
<https://hpe.tki.org.nz/guidelines-and-policies/mental-health-education/>

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.

