

## Explore local social, recreation and leisure options

Give students extended opportunities to explore social, recreation and leisure activities as part of a fully inclusive life in the community.

- ✓ Identify possible community mentors for students.
- ✓ Connect with local community, sport and recreation groups. Visit and try a variety of activities to see if they suit the student.
- ✓ Identify and practise ways of maintaining connections with whānau and friends.
- ✓ Investigate groups with common interests.
- ✓ Use local council resources such as libraries and youth groups.
- ✓ Try out age appropriate options such as gigs, shows and concerts.
- ✓ Connect with national groups that provide recreational activities such as [Recreate NZ](#).

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