

Inclusive Education

From

Guide: [Preparing students to leave school](#)

Strategy: [Prepare ākongā with future-focused skills](#)

Suggestion: [Develop independent living skills](#)

Date

15 June 2026

Link

inclusive.tki.org.nz/guides/preparing-students-to-leave-school/develop-independent-living-skills

Develop self-care and life skills

Work with the student, their whānau and education team to prioritise and develop independent self-care and life skills.

- 1 Work as a team to identify and prioritise skills, for example, at an IEP meeting.
- 2 Break skills into bite-sized pieces by using visual schedules and other picture-based communication tools.
- 3 Create a step-by-step plan to develop skills.
- 4 Monitor and review progress regularly.

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