

Create structure

Organise the environment to minimise students' cognitive load. Reduce student anxiety by providing familiar supports.

Include students in the design process and agree support for students' specific needs so they can work more independently and regulate their emotions.

- Provide landmarks so students can orientate themselves to areas within the school.
- Use colour to highlight learning areas and draw attention to important information.
- Use colour, visuals, and words to label organisation systems within the learning space.
- Develop spaces with a consistent layout.
- Enable students to personalise areas.
- Design spaces that allow for quiet withdrawal.

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