

# Promote wellbeing across the curriculum

Deliberately map and review curriculum opportunities to support wellbeing and mental health issues. Ensure all students have opportunities to explore wellbeing issues at all year levels.

- Develop culturally responsive approaches to wellbeing and hauora.
- Explicitly teach wellbeing through Health and PE using the Mana model.
- Integrate social and emotional learning.
- Map out wellbeing themes such as resilience and belonging across all curriculum areas.
- Identify and implement programmes that meet wellbeing needs.

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