

Support teacher wellbeing

Sancta Maria College in Auckland created The Good New Habits Book when they found teachers were floundering due to workload intensity, demands on time and an unbalanced approach.



Video hosted on Vimeo <http://vimeo.com/277182042>

Closed Captions

Source:

[Teaching Council of Aotearoa New Zealand](https://teachingcouncil.nz/resource-centre/teacher-wellbeing/#case)

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