

Prepare for new and unfamiliar situations

Prepare students for change and new situations. New situations may include things such as changing schools, starting a new programme or going on school camp.

- ✓ If possible, arrange for the student to visit the new space prior to the start date.
- ✓ Show photos or videos of the new space.
- ✓ Prepare a video, presentation, or scrapbook for the student to revisit frequently.
- ✓ Discuss the student's concerns regarding the change.
- ✓ Use social stories to 'practise' for the new situation.
- ✓ Arrange for the student to meet one or two key people or staff members who will be involved with them.
- ✓ Visit locations that may be new or different, such as the gymnasium or the bus stop.
- ✓ Arrange a buddy that the student knows well to help the student negotiate his or her way around new spaces.
- ✓ Discuss the new routines and create visuals to support them.

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