

## Inclusive Education

From

Guide: [Fetal alcohol spectrum disorder and learning](#)

Strategy: [Helpful classroom strategies years 9-13](#)

Suggestion: [Create structure in a flexible environment](#)

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11 June 2026

Link

[inclusive.tki.org.nz/guides/fetal-alcohol-spectrum-disorder-and-learning/y9-13-create-structure-in-a-flexible-environment](https://inclusive.tki.org.nz/guides/fetal-alcohol-spectrum-disorder-and-learning/y9-13-create-structure-in-a-flexible-environment)

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# Walk in your student's shoes

Take a walk around the classroom. Use all your senses to consider how the classroom might look, sound, and feel to your student.

Consider:

- ✓ routines and ways of working
- ✓ how you will make timing of assignments and assessment tasks manageable
- ✓ the practical challenges for students, such as timetabling, and managing their time
- ✓ how the student will find and access resources
- ✓ how the classroom is laid out
- ✓ where to create a quiet place for students to work
- ✓ where your student can go if they need to calm down, and what your student needs for a calming space.

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