

# Minimise or remove homework

The school day can be exhausting for a student with FASD. Their brain has to work harder to concentrate and complete each and every task they are given.

When I am at school I use an enormous amount of my energy to keep myself safe and focused.

At the end of school I am extremely tired and do not cope well with homework.

Can you please think about ways to minimise homework for me and make it manageable?

## **Student**

### **Source:**

[Fetal Alcohol Network NZ](#)

[https://www.fasd-can.org.nz/caregiver\\_whanau\\_support#fasd-and-the-education-system](https://www.fasd-can.org.nz/caregiver_whanau_support#fasd-and-the-education-system)

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