

Useful resources



Social and emotional learning – Resource collections

Resources to support social and emotional learning. Includes Ata and Oho cards and activities.

[Visit website](#)



He Māpuna te Tamaiti

Resources to help teachers support social and emotional competence in early learning.

[Visit website](#)



Sparklers

Bank of resources for students and teachers to help grow ākonga wellbeing and emotional literacy. Can be filtered by topic, competency, activity type and te whare tapa whā.

Publisher: Sparklers

[Visit website](#)



Kei Whea A Mauri Tau

Resource for parents and teachers to read to tamariki aged 6 to 8 years to help them learn about connecting with themselves, others and the environment and how to respond to their emotions.

Publisher: He Paiaka Tōtara

[Visit website](#)



Interoception and self-regulation

39 activities to develop interoception and self-regulation.

Publisher: Education Services Australia

[Visit website](#)

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