

Buddy system

Use a buddy system at break and lunchtimes to provide companionship and support.

Buddy systems can be used to promote interactions that support students to learn social skills. Provide buddies with training on how to help students develop specific skills, such as joining in a game.

Set up your system to provide a group of buddies. This gives the student with FASD exposure to a range of peers and ensures buddies are not overwhelmed.

Provide supervised activities or games at break and lunchtimes for students to join with or without a buddy.

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