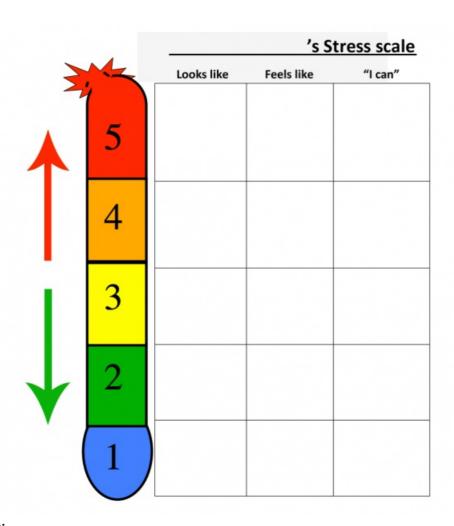
Use a Stress-o-Meter



Source

Adapted by Kathryn Whitaker from "The Incredible Five-Point Scale" by Kari Buron Dunn and Mitzi Curtis. 3/2008 https://www.5pointscale.com/

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