

Build peer supports

Identify when students with FASD might benefit from the support or companionship of a peer. For example, this could be:

- ✓ a transition buddy who walks with the student from class to class
- ✓ a homework buddy to call when they have questions about an assignment
- ✓ a member of the sports team who will provide informal coaching and feedback in new situations, such as travelling on a bus for out-of-town games.

Help the student identify peers that they can ask for help. Make a diagram that illustrates who these people are in the student's circle of support.

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