

Connect with culturally sustaining frameworks

Learn from whānau using culturally sustaining frameworks. Understand how to meet hauora or wellbeing and learning needs.

For example use dimensions from the Māori health model, Te Whare Tapa Whā

Taha Whānau – family, people and relationships

- whānau, friends, iwi and hapū
- cultural, religious, social and recreational connections
- professionals working with the family

Taha Wairua – spiritual well being or life force

- spiritually strengthening aspects for example faith, being in nature, creative activities and meditation
- special interests
- hopes and priorities for ākonga and whānau

Taha Tinana – physical wellbeing

- physical activity and recreation preferences
- sensory challenges
- medications and allergies

Taha Hinengaro – mental and emotional wellbeing

- strengths and talents
- dislikes, what can upset them
- signs that the student is beginning to feel upset or anxious
- strategies used to calm students

Whenua – connection to the land and environment

- important places
- Iwi and hapū maunga – mountains and awa – rivers
- interests in the environment, plants and animals
- connections to people and ancestors.

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