

Minimise distractions

Minimise auditory and visual distractions to help diminish the confusion and frustration many students with FASD experience, and maximise their ability to focus on the task at hand.

Reduce visual distractions

- Strategically place the student's seat away from distractions, such as doorways and windows.
- Clear the student's desk of everything, except the lesson at hand.
- Put away (or out of view) teacher's equipment and books competing for a student's attention.

Reduce auditory distractions

- Seat student closest to where you present information.
- Seat student next to students who do not distract others.
- Provide nonverbal cues that are familiar to the student to help them stay focused and working quietly, for example: use hand signals, move close to student.
- Create quiet spots in your classroom.

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