

Apply your understanding of FASD to student interactions

"Slow, same, simple, short"

Effective ways to communicate with people who have

"Ten second kids in a one second world"

People with FASD need more time than others to process and understand.

"Can't not won't"

Remember, FASD is caused by brain damage.

"Brain, not blame"

If you find yourself making unhelpful judgements, remember this phrase.

"Adapt the environment not the person"

Safe supportive environments are key for people with FASD to thrive.

"Gravel roads not highways"

Atypical neural pathways associated with FASD are easily disrupted.

Source:

[FASD: Essential strategies – A resource for frontline professionals](https://www.tepou.co.nz/initiatives/fetal-alcohol-spectrum-disorder-fasd)

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