## **Develop school-wide strategies**

Develop personal, class and school-wide strategies that increase positive behaviours and promote selfmanagement.

- ✓ Regularly teach and reinforce behaviour expectations throughout the school.
- ✓ Identify, understand and remove or minimise things that cause distress or are known triggers for students.
- ✓ Build staff, peer and student capability to recognise signs that the student is beginning to feel upset or anxious and to respond appropriately.
- ✓ Use personalised timetables, timers and visual aids so students can anticipate transitions and manage them independently.
- ✓ Talk through last minute changes that may be startling to students.
- ✓ Keep whānau informed of what is going on each week and let them know if there is going to be a change to the plan.

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