

# Support thinking using recommended approaches

A suggestion for implementing the strategy  
'Key areas to support' from the Guide: [Down syndrome and learning](#)

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## **Includes:**

- Support recall with visuals
- Support processing
- Utilise mind mapping tools
- Useful resources

Inclusive Education

From

Guide: [Down syndrome and learning](#)

Strategy: [Key areas to support](#)

Suggestion: [Support thinking using recommended approaches](#)

Date

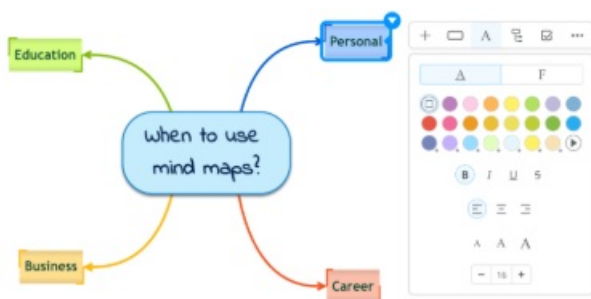
16 September 2025

Link

[inclusive.tki.org.nz/guides/down-syndrome-and-learning/support-thinking-using-recommended-approaches](https://inclusive.tki.org.nz/guides/down-syndrome-and-learning/support-thinking-using-recommended-approaches)

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## Support recall with visuals



Source:

[Mindomo](#)

<https://www.mindomo.com/>

[View full image \(30 KB\)](#)

Processing and recall of spoken information is improved when it is supported by relevant visual material, especially when it is of high interest to the student.

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## Support processing

Use visuals, repetition and positive reinforcement when presenting content.

- ✓ Offer frequent opportunities for students to move into pairs or groups to discuss their thinking.
- ✓ Use photo boards and posters as tools to support students' recall and retrieval skills.
- ✓ Give lots of positive reinforcement when introducing new information or instructions.
- ✓ Slow down. Allow time to process information and to formulate responses.

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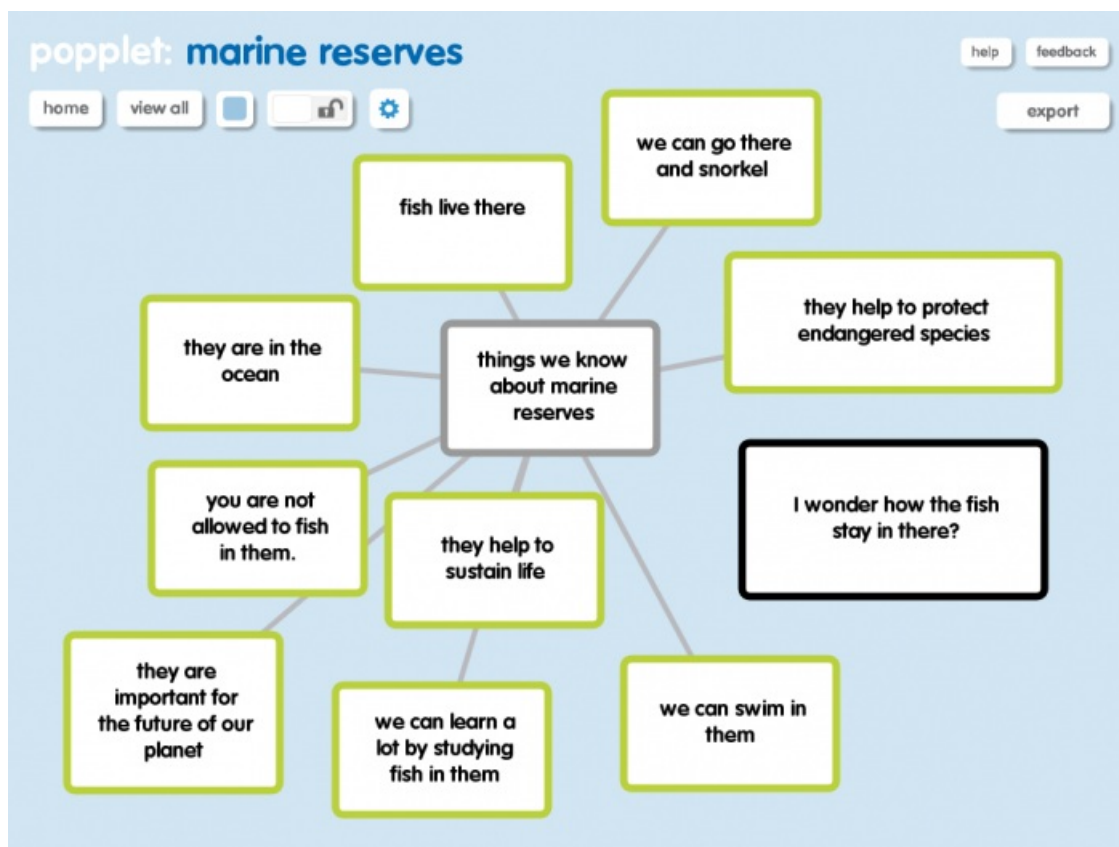
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## Utilise mind mapping tools



Source:

Catriona Pene, CORE Education

<https://core-ed.org/about-core/our-people/catriona-pene>

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## Useful resources



### Time Timer (visual timer for visual people!)

For many students being able to see a visual representation of time passing can really support their time management. This video explains how time timer works.

Publisher: Time Timer

[Visit website](#)



### Popplet

Popplet is a tool for the iPad and web to capture and organise ideas.

Publisher: Popplet

[Visit website](#)

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