

# Useful resources



## UDL Curriculum toolkit: Building Flexible, Customizable Learning Environments

This resource was developed to facilitate the creation of flexible UDL instructional materials. The Toolkit software enables any curriculum developer or researcher to design web-based curricula or interventions — from scratch, as well as to retrofit existing curricula into a UDL-supported, scaffolded learning environment for middle and high school students.

Publisher: CAST (2024)

[Visit website](#)



## Time Timer (visual timer for visual people!)

For many students being able to see a visual representation of time passing can really support their time management. This video explains how time timer works.

Publisher: Time Timer

[Visit website](#)



## Ways to support teens with executive function

This video outlines some basic strategies for supporting teens with executive function skills during their secondary school years.

Publisher: Edutopia

[Visit website](#)

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