

Discuss health conditions

Many students with Down syndrome have associated health conditions.

Discuss with parents and whānau:

- ✓ the implications of any specific health conditions affecting the heart, respiratory system, eyesight or hearing
- ✓ your role in helping the student to stay active, healthy, and well rested
- ✓ whether the student needs a rest on days following a night of broken or too little sleep.

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