## **Testing an internet connection**

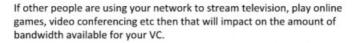


## **Technical Considerations for Video Conferencing**

## Check your internet speed

Use speedtest.net to test your internet speed. You can be confident that with these connection speeds the following types of conference calls will work<sup>1</sup>:

- 1 (up/down) Mbps for audio conferencing
- 4 (up/down) Mbps for group video conferencing
- 10 (up/down) Mbps for multiple group conferences at once.



If your connection is too slow, check with your Internet Service Provider as they may have a more appropriate plan available.



Learning from home – Video conferencing technology https://learningfromhome.govt.nz/distance-learning/technology

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If ākonga are having issues with an internet connection they haven't used for video conferencing before, follow these technical considerations for video conferencing from the Learning From Home website.

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