

# Build confidence using multiple approaches

Embed the following approaches in your practice.

- ✓ Ask the student how they learn best and get to know their interests and strengths.
- ✓ Foster tuakana-teina relationships, where an older or more expert tuakana (older child) helps and guides the younger or less expert teina (younger child).
- ✓ Identify and adapt situations where it may be embarrassing for a student to participate (for example, a student with dyslexia being expected to read aloud).
- ✓ Recognise successes and communicate them to home.
- ✓ Recognise avoidance strategies and provide support and encouragement.
- ✓ Build on the student's out-of-school programmes and activities.
- ✓ Make support options such as text-to-speech, timers and self-management tools available to students.
- ✓ Give ongoing prompts and positive feedback and provide the student with strategies to help when they get stuck.

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