Focus on possibilities

Shift the question away from the problem or fix-it focus to a possibility focus.

There's always a subtle feeling of disempowerment in a problem, a feeling that all doors are shut ... there's a weariness and stuckness to it.

Simply asking, "What's the possibility I see in this situation?" can make a big difference.

David Isaacs

Source:

The art of powerful questions: Catalyzing insight, innovation and action

https://umanitoba.ca/admin/human_resources/change/media/the-art-of-powerful-questions.pdf

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