Useful resources



Coping with brain injury for friends and family

Read time: 4 min

This resource suggests strategies for helping in the recovery of a person with a brain injury and looking after yourself at the same time.

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Whakawhiti kōrero, a method for the development of a cultural assessment tool, te waka kuaka, in Māori traumatic brain injury

Read time: 23 min

This research article explores a method used to develop better statements in the development of a cultural needs assessment tool in Māori traumatic brain injury.

Publisher: Wiley online library

Visit website



Headway Auckland

This webpage explains traumatic brain injury and its implications for the person injured and their whānau.

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