

What to ask whānau

Meet with the family or whānau and the child or young person.

Learn about the concussion and the support needed.

When did the injury take place?

What part of the head received the injury?

Have you been to the doctor or hospital? If yes, what happened and what were the recommendations?

What have you noticed about:

- energy levels
- sleeping patterns
- headaches
- mood and emotional state
- appetite
- vision
- sensitivity to light, sound, busy environments?

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