

# Useful resources

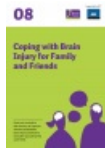


## Non-traumatic brain injury

This webpage provides information about the causes of non-traumatic brain injury.

Publisher: The Children's Trust for Children with Brain Injury

[Visit website](#)



## Coping with brain injury for friends and family

Read time: 4 min

This resource suggests strategies for helping in the recovery of a person with a brain injury and looking after yourself at the same time.

Publisher: Brain Injury NZ

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