Inclusive Education

From

Guide: Supporting learners with acquired brain injury

Strategy: Traumatic brain injury (TBI): Support a return to learning and activity

Suggestion: Support physical recovery and provide opportunities for rest

Date

01 September 2025

Link

inclusive.tki.org.nz/guides/brain-injury/support-physical-recovery

Notice when support is needed

Many symptoms of a brain injury can often be misinterpreted.

Instead, these symptoms are signals that a brain is still healing and needs a supportive environment to aid recovery.

- feeling tired, just wanting to sleep
- daydreaming, looking blank
- doesn't seem like her/himself
- easily frustrated
- shows no interest in playing
- unusually emotional
- sore head or other pains
- yawning, dozing off
- listless or pale.

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