

Inclusive Education

From

Guide: [Supporting learners with acquired brain injury](#)

Strategy: [Traumatic brain injury \(TBI\): Support a return to learning and activity](#)

Suggestion: [Support physical recovery and provide opportunities for rest](#)

Date

06 June 2026

Link

[inclusive.tki.org.nz/guides/brain-injury/support-physical-recovery](https://inclusive.tki.org.nz/guides/brain-injury/support-physical-recovery)

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## Notice when support is needed

Many symptoms of a brain injury can often be misinterpreted.

Instead, these symptoms are signals that a brain is still healing and needs a supportive environment to aid recovery.

- feeling tired, just wanting to sleep
- daydreaming, looking blank
- doesn't seem like her/himself
- easily frustrated
- shows no interest in playing
- unusually emotional
- sore head or other pains
- yawning, dozing off
- listless or pale.

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