

## Notice where support is needed

Many symptoms can often be misinterpreted.

Instead, these symptoms are signals that a brain is still healing and needs a supportive environment to aid recovery.

- ✓ Difficulty staying on task
- ✓ Reduced ability to focus
- ✓ Easily distracted
- ✓ Difficulty completing work
- ✓ Forgetting things they need or what they have been asked to do
- ✓ Difficulty doing more than one thing at a time
- ✓ Problems organising approaches to tasks
- ✓ Difficulty getting started on tasks
- ✓ Difficulty expressing thoughts clearly, either verbally or in writing
- ✓ Heightened sensitivity to noise, smells, and textures

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