

Review supervision of all sport and physical activity

Discuss with all staff ways they can ensure the safety of children and young people and reduce the risk of brain injury.

- ✓ Ensure children and young people wear appropriate safety gear and that it fits correctly.
- ✓ Enforce “play by the rules”.
- ✓ Stress the importance of health. Do not allow children and young people to play when they are ill or suffering from fatigue.
- ✓ Reduce risks at practice – teach safe contact approaches.
- ✓ Commit time to warm-up exercises relevant to the activity or sport.

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.
