

Useful resources



Helping New Zealanders living with brain injury: Resources and links

A range of downloadable resources and helpful links for those living with brain injury.

Publisher: Brain Injury NZ

[Visit website](#)



Te Whare o Oro

A mātauranga Māori framework for understanding the roro (brain). Includes a chapter on adapting Te Whare o Oro for specific neurodivergence and trauma.

Publisher: Te Atawhai o Te Ao Charitable Trust

[Visit website](#)



Concussion: Recognise the signs

This section of the ACC SportSmart website provides information about recognising the signs of concussion.

[Visit website](#)

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