Inclusive Education

From

Guide: Supporting learners with acquired brain injury

Strategy: Concussion: Support a return to learning and activity

Suggestion: Provide social and emotional support

Date

31 August 2025

Link

inclusive.tki.org.nz/guides/brain-injury/provide-social-and-emotional-support

Notice where support is needed

Many symptoms can often be misinterpreted.

Instead, these symptoms are signals that a brain is still healing and needs a supportive environment to aid recovery.

- ✓ Behaviour changes triggered by minor events
- ✓ Reduced impulse control
- ✓ Frustration over not being able to do things they could do before
- ✓ Easily overwhelmed
- ✓ Reduced problem-solving skills
- ✓ Unaware of changes in ability
- ✓ Less able to read social cues
- ✓ Inflexible thinking.

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