

Reflection questions

Adjust and adapt for your own context.

How will you monitor a child or young person's level of fatigue?

How will you offer rest stops?

How will you ensure all staff are aware of a child or young person's safety needs during break times and during play or sporting activities?

What processes will you use to ensure that communication with the child or young person's whānau is effective and timely?

Where might the design of the learning environment increase fatigue?

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