

Inclusive Education

From

Guide: [Supporting learners with acquired brain injury](#)

Strategy: [Concussion: Support a return to learning and activity](#)

Suggestion: [Monitor physical activity and offer options to allow rest](#)

Date

06 June 2026

Link

inclusive.tki.org.nz/guides/brain-injury/monitor-physical-activity

Notice where support is needed

Many of the symptoms of concussion can often be misinterpreted as negative behaviour.

Instead, these symptoms are signals that a brain is still healing and needs a supportive environment to aid recovery.

- ✓ Feeling tired
- ✓ Wants to sleep a lot
- ✓ Yawning; dozing off
- ✓ Late arriving
- ✓ Daydreaming; looking blank
- ✓ Doesn't "seem like his/herself"
- ✓ Easily frustrated
- ✓ Shows no interest in playing
- ✓ Unusually emotional
- ✓ Sore head or other pains.

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