

# Injuries at 0–3 years

## Overview of indicators.

Between years 0–3 children are usually:

- acquiring language
- refining sensory and motor systems
- regulating sleep–wake patterns
- beginning to understand cause and effect
- establishing connections with caregivers.

**Possible disruptions** following brain injury include:

- difficulty explaining or communicating needs
- not connecting cause and effect
- high reliance on support and structure
- disturbed sleep
- easily overwhelmed
- behaviour hard to predict
- see–sawing emotions from content to angry
- low responsiveness to others.

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