

Reflection questions for key contact person

By facilitating a collaborative team approach to concussion management, a staff team can positively contribute to a child's recovery.

Consider how you will:

Develop the return-to-learning and return-to-activity plans with the child and their whānau.

Monitor and communicate progress towards recovery between home and school.

Provide a key contact for the child or young person and whānau when they need someone to talk to.

Make staff aware of how to provide assistance and ensure safety.

Coordinate scaling activity or workload up and down (sometimes children and young people will do fine for a while and then need to drop back a step).

Oversee the individualising of supports.

Coordinate the management of medication.

Watch for new or recurring symptoms.

Monitor the child or young person's levels of anxiety and frustration.

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