

# Summary

Children and young people can experience a wide range of physical changes when they experience a brain injury.

- ✓ Compromised movement
- ✓ Reduced stamina and endurance
- ✓ Poor physical coordination
- ✓ Headaches
- ✓ Incontinence
- ✓ Seizures and epilepsy
- ✓ Fatigue
- ✓ Hormone disruption
- ✓ Sensory difficulties
- ✓ Disruption of sleep

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